



## **Write a Love Note to Yourself**

**Answer these 3 questions:**

- 1. What is one thing that you would like to achieve or manifest in the next 6 months?**
- 2. What is one thing that you would like to experience that will feed your SOUL?**
- 3. What is one thing that you want to happen in your career?**

**Now open your phone to your calendar and scroll to the date that is 6 months from now. Schedule a meeting with yourself for that day and put your answers to these 3 questions right into your calendar on your phone.**