



Futureme.org Worksheet

Visit <https://futureme.org> and write an email to future YOU! You will be dating this email to be sent to you six months from now. Now that you have taken a closer look at where you want to grow, at tweaking your purpose to reflect who you are and what you want today, and at the success steps you can take...what do you want future you to know? Fast forward to September. What is going on in regard to your own growth? What have you beta tested, what can you measure? Where did you turn the car around using your personal GPS or where did you take a different road altogether? When you open this email from yourself in late summer, what has already occurred? Use I am and I have statements to describe what is going on in your life in September. Just like when you completed your vision board, don't worry about the "how" ...just concentrate on the "why" and the "what" in drafting your email. Your vision board is a great departure point for this exercise. Write into the emotion and the feelings behind your vision for yourself for this year.

Enjoy this idea? Write an email for a year from now, or one to arrive on your birthday or anniversary. This is a wonderful reminder and accountability exercise in staying focused and clear on forward action.

Jot down how you feel after writing your email here:

How did this exercise help to tie together your progress in the Reinvention Summit?